

Hologic Global Women's Health Index



Summary of Year 5 Findings for Australia

In 2020, Hologic and Gallup launched the Hologic Global Women's Health Index in response to an urgent need for more timely, comprehensive and actionable data on global women's health.

The inaugural report, released in 2021, provided a troubling baseline account of the state of women's health worldwide. It showed that every country in the world — including Australia — has work to do when it comes to women's health.

In their own words, women told interviewers they were struggling. Many couldn't meet their basic daily needs or were in poor physical or emotional health. And far too few were receiving needed tests for high blood pressure, cancer, diabetes, or sexually transmitted diseases and infections.

While these findings raised alarms, they also revealed five dimensions of health that provide a pathway for understanding, and ultimately transforming, women's health and lives.

Hologic and researchers at Gallup discovered that improvements in any one of five dimensions of health — Preventive Care, Emotional Health, Opinions of Health and Safety, Basic Needs, and Individual Health — could potentially help women live healthier and longer lives.



The Year 5 Index report is based on surveys conducted in 2024 by telephone and in person with nearly 145,000 men and women¹ aged 15 and older in 144 countries and territories.² The findings in this report are representative of 97% of the global adult population.

Overall, Australia scored
59^{out} of 100
on the Index in Year 5.

This places Australia on par with the regional average of 59 and ahead of the global average of 54.



MEASURED BY GALLUP

Key Findings:

Testing for conditions is low. Australian women told us that in the past 12 months:



56%
had been tested for
high blood pressure



23%
had been tested for
cancer

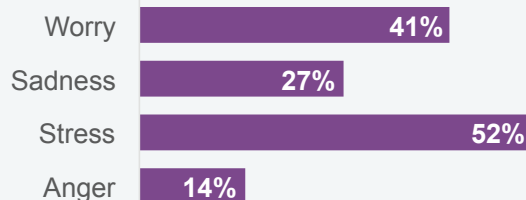


36%
had been tested for
diabetes



10%
had been tested for
STDs/STIs

Australian women told us that during “a lot of the day yesterday” they experienced:



33%

of Australian women spent
a lot of the previous day in
physical pain



22%

of Australian women
struggled to afford food
in the previous year

11%

of Australian women
struggled to afford shelter
in the previous year

Almost
5 in 10
Australian
women



don't feel safe walking alone at night

For more information on the Hologic Global Women's Health Index and Gallup's methodology, please visit: [WomensHealthIndex.com](https://www.WomensHealthIndex.com)